

Resources for clinical practice



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Resources for clinical practice

Introduction

IPCRG facilitates its global respiratory community of practice to share its knowledge, experience and expertise, particularly in areas of uncertainty, to create practical guidance for clinicians to apply in their daily work. These include “desktop helpers”, interactive tools to start new conversations about personalising care and motivating behaviour change, and innovative e-learning to build confidence and competence. Browse this brochure, thematically grouped by clinical topic, and with QR codes to see and download these resources. Go to www.ipcrg.org for further information.

Diagnosis and assessment

Desktop Helpers

Evidence-based information sheets providing practical guidance and support for clinicians working in primary care on the diagnosis and management of respiratory diseases:



Desktop Helper No. 14

Quick guide to spirometry.



Desktop Helper No. 15

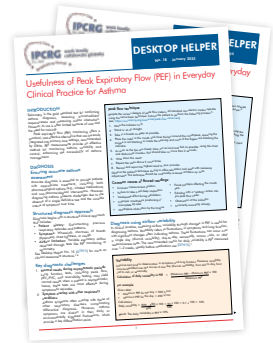
The 'jigsaw puzzle' approach to building a diagnostic picture of asthma in primary care over time.





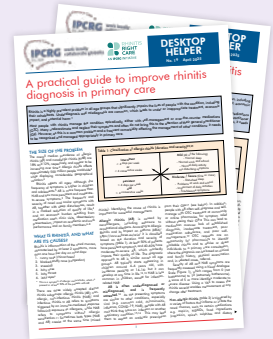
Desktop Helper No. 18

Usefulness of Peak Expiratory Flow (PEF) in Everyday Clinical Practice for Asthma.



Desktop Helper No. 19

A practical guide to improve rhinitis diagnosis in primary care.



COPD Right Care



What does good quality COPD care look like?

We have summarised what good quality care should look like from a patient perspective and how clinicians can provide that in 10 person-centred statements.



COPD Wheel with guidance notes

Drawing on GOLD strategy and behavioural science, start new conversations about personalising care for people with COPD.



COPD Question & Challenge Cards

Create more awareness of shortcomings in knowledge and understanding about COPD by discussing provocative questions with clinical peers, students and people with lived experience.



COPD Magazine

Support patients to self-manage their COPD by offering curated guidance, infographics and videos.



Cartoons for emotional self-assessment for people with chronic respiratory diseases

“How are you feeling right now?” Use this tool with patients and the public to identify, understand, control, express and act on their emotions.

COPD Desktop Helpers

Evidence-based information sheets providing practical guidance and support for clinicians working in primary care on the diagnosis and management of respiratory diseases:



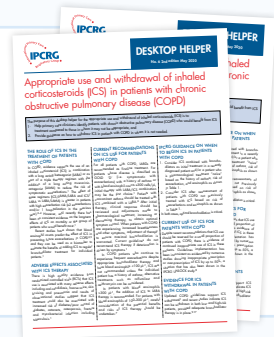
Desktop Helper No. 3

Improving the life of people with COPD by integrating a supportive and palliative approach from diagnosis to end of life.



Desktop Helper No. 6

Evaluation of appropriateness of inhaled corticosteroid (ICS) therapy in COPD and guidance on ICS withdrawal.



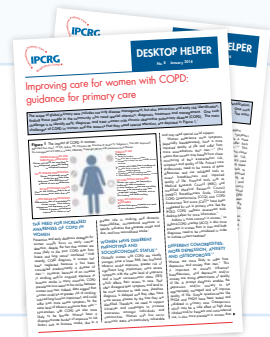
Desktop Helper No. 7

Pulmonary rehabilitation in the community. Covers how to set up a service and how to encourage uptake.



Desktop Helper No. 8

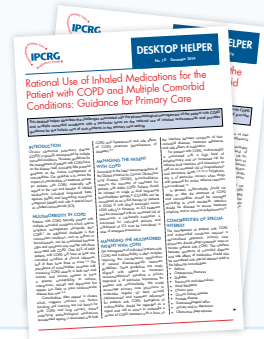
Improving care for women with COPD: Guidance for primary care.





Desktop Helper No. 10

Rational use of inhaled medications for the patient with COPD and multiple comorbid conditions: Guidance for primary care.



Desktop Helper No. 12

COPD and Mental Health: Holistic and Practical Guidance for Primary Care.



Desktop Helper No. 13

Achieving earlier diagnosis of COPD.



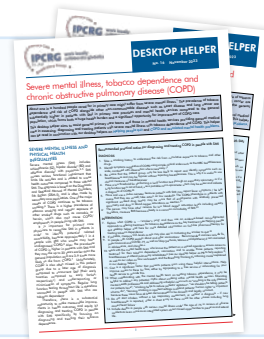
Desktop Helper No. 14

Quick guide to spirometry.



Desktop Helper No. 16

Severe mental illness, tobacco dependence and chronic obstructive pulmonary disease (COPD).



Asthma Right Care



What does good quality asthma care look like?

We have summarised what good quality care should look like from a patient perspective and how clinicians can provide that in 8 person-centred statements.



Slide Rule with guidance notes

A practical tool to stimulate discussions about SABA over-reliance in asthma management, exploring SABA usage and building confidence to have a conversation about a review.



Reliever Reliance Test

A tool which helps a person with asthma to explore why they use the amount they use and whether a change might improve their symptoms.



Asthma Question & Challenge Cards

Create more awareness of shortcomings in asthma care by discussing provocative questions with clinical peers, students and people with lived experience.



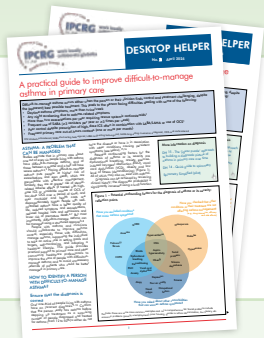
Asthma Desktop Helpers

Evidence-based information sheets providing practical guidance and support for clinicians working in primary care on the diagnosis and management of respiratory diseases:



Desktop Helper No. 2

A practical guide to improve difficult-to-manage asthma in primary care.



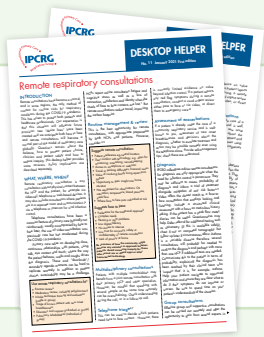
Desktop Helper No. 9

Personalised care: Adults with asthma.



Desktop Helper No. 11

Remote Consultations.



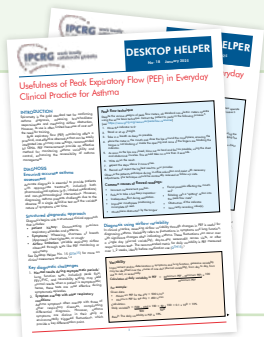
Desktop Helper No. 15

The 'jigsaw puzzle' approach to building a diagnostic picture of asthma in primary care over time.



Desktop Helper No. 18

Usefulness of Peak Expiratory Flow (PEF) in Everyday Clinical Practice for Asthma.



Rhinitis Right Care

Desktop Helpers

Evidence-based information sheets providing practical guidance and support for clinicians working in primary care on the diagnosis and management of respiratory diseases:



Desktop Helper No. 19

A practical guide to improve rhinitis diagnosis in primary care. Case studies now available.

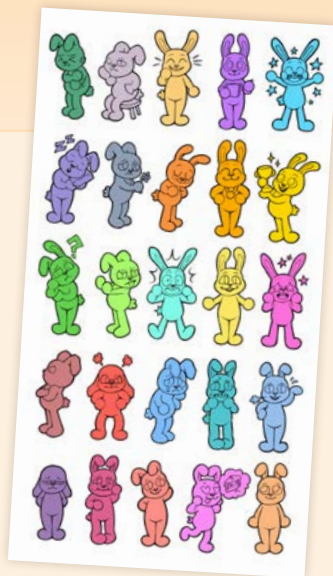
More coming soon!

Chronic respiratory disease, tobacco dependence and mental health



Cartoons for emotional self-assessment for people with chronic respiratory diseases

“How are you feeling right now?” Use this tool with patients and the public to identify, understand, control, express and act on their emotions.



Video: Identifying anxiety and depression



FRESHAIR4Life

Implementation research targeting tobacco and air pollution exposure in mid- to late adolescents in disadvantaged populations.

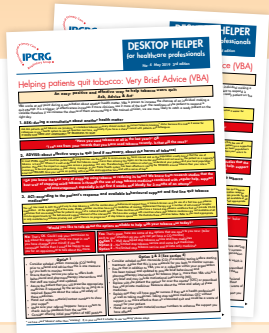
Tobacco dependence resources



Desktop Helper No. 4

Helping patients quit tobacco.

3rd edition.



Desktop Helper No. 12

COPD and Mental Health: Holistic and Practical Guidance for Primary Care including additional resources.



Desktop Helper No. 16

Severe mental illness, tobacco dependence and chronic obstructive pulmonary disease (COPD).



More tobacco dependence resources available here

Symptom-based approaches

Desktop Helpers

Evidence-based information sheets providing practical guidance and support for clinicians working in primary care on the diagnosis and management of respiratory diseases:



Desktop Helper No. 3

Improving the life of people with COPD by integrating a supportive and palliative approach from diagnosis to end of life.



Desktop Helper No. 17

Breathlessness in adults: A practical guide for primary care clinicians.



Is there an algorithm for diagnosing chronic cough in adults?



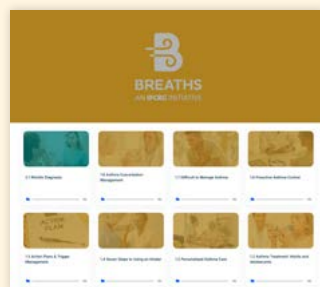
Is there an algorithm for diagnosing chronic cough in children?

E-Learning



Breaths

Free, bite-sized micro-learning exercises to enhance busy primary care providers, capability, confidence and motivation in delivering high-quality respiratory care.



Primary Care Education on COVID-19 and Respiratory Disease

Free, accredited e-learning modules developed by leading IPCRG experts. Each module works independently and you can study at your own pace.



Chronic Respiratory Diseases in Primary Care Settings

A free online course giving learners the skills to recognise, diagnose and manage chronic respiratory diseases, developed for RESPIRE by The University of Edinburgh and IPCRG.



How We Breathe

An educational short film to help patients improve their “breathing literacy” with moving images enabling you to see all around the body. Shorter chapters and excerpts are available for targeted learning.



Spirometry Simplified



Spirometry Simplified introductory video



Spirometry Simplified

A certified e-learning course to empower primary care clinicians worldwide by promoting the widespread and equitable adoption of spirometry. Online learning with an in-person masterclass and portfolio assessment with personalised support.



Education and knowledge resources for our global network



Visit our resources page www.ipcrg.org/resources/search-resources to view over 2500 resources produced by IPCRG and others in the global respiratory community. As a global network, IPCRG is committed to making its resources available in as many languages as possible. The resources in this booklet, and many others, are available in a wide range of languages – filter by languages in the left-hand column.



Our [image gallery](#) offers free downloadable images that can be used by healthcare professionals, journalists and others who influence public and professional knowledge about respiratory diseases to illustrate the correct use of medicines and devices, the range of people worldwide who live with respiratory diseases, and the types of people and organisations most likely to deliver respiratory care.



The Global Health Respiratory Network brings together UK-funded global respiratory research partnerships to build value through collaboration, enhance the funders' investment and meet our aim of improving the respiratory health of the world's poorest. The full list of over 200 publications by GHRN members is available [here](#). This list can be used as a resource to help researchers interested in global respiratory health.

13th IPCRG World Conference & 1st North African Interdisciplinary Respiratory Forum



*Listening deeply to respiratory needs
emerging from our community!*

Join us in Tunis, Tunisia on 11–14 June 2026!

We aim to utilise the IPCRG's experience in primary respiratory care to bring together pulmonologists, pharmacists and primary care physicians to address respiratory challenges globally. This conference coincides with the 25th anniversary of IPCRG's founding, so we hope you will join us to celebrate at what is set to be a memorable conference.

**Call for abstracts opens:
1 October 2025**

**Abstract submission deadline:
22 February 2026 (19 April for late-
breaking abstracts)**

Visit the website for more information
about abstract submission and registration.
Save the dates and prepare your abstracts –
we look forward to seeing you in Tunis.



www.ipcrgrg.org.uk
www.ipcrgrg2026.org





Follow IPCRG on social media

Visit the page below to follow IPCRG on our social media platforms (Facebook, Instagram, LinkedIn, X/Twitter, YouTube) and our monthly newsletter





The International Primary Care Respiratory Group (IPCRG) is a clinically-led charitable organisation. Our scope is research and education to improve prevention, diagnosis and care of respiratory diseases in global community and primary care settings.

www.ipcrg.org