Over the last 2 weeks how often have you been bothered by these problems:

- 1. Feeling nervous, anxious or on edge
- 2. Not being able to stop or control worrying
- 3. Little interest or pleasure in doing things
- 4. Feeling down, depressed or hopeless

Source: https://qxmd.com/calculate/calculator 476/patient-healthquestionnaire-4-phq-4