

Chronic Obstructive Pulmonary Disease (COPD)??

The IPCRG and Teesside University have worked together to create a digital magazine to help people with COPD with the management of their symptoms. Healthcare professionals and people with COPD have selected videos from the internet and collated them in the e-magazine “Breathe Well, Move More, Live Better”.

We would like **your** feedback and opinions to:

- help us make the magazine even better!
- understand how videos and online content can be used to help people

Participants will be asked to:

1. Fill out a short questionnaire about their confidence using digital platforms,
2. Review our digital magazine and,
3. Attend one discussion group of 4-8 people to give opinions on the digital magazine and using digital information

If you wish to know more about the study please contact Kirsti Loughran on 07385 086 743 / k.loughran@tees.ac.uk; or Laura Cordova R at l.cordovarivera@tees.ac.uk



You can read the magazine here:

<https://www.ipcrg.org/copdmagazine>