

## Variation in symptoms by SARS-CoV-2 variants (adapted from Menni et al 2022)

Values estimated from graphical presentation. Orange indicates symptoms occurring at least 10% more frequently with either variant vs the other.

Symptom	Prevalence, %	
	Delta variant	Omicron variant
Runny nose	80	75
Headache	78	74
Sneezing	70	60
Sore throat	60	70
Loss of smell	51	18
Persistent cough	50	48
Altered smell	41	25
Chills or shivers	40	40
Fever	40	35
Unusual joint pains	38	40
Hoarse voice	36	41
Dizzy or light headed	35	32
Eye soreness	31	28
Brain fog	30	28
Unusual muscle pains	28	30
Skipped meals	23	22
Swollen glands	22	22
Chest pain	22	20
Feeling down	20	18
Diarrhoea	20	18
Earache	20	20
Ear ringing	20	18
Abdominal pain	18	18
Nausea	18	18
Delirium	12	12
Skin burning	10	10
Irregular heartbeat	8	8
Shortness of breath	5	5
Rash	4	4
Red welts on face or lips	3	3
Hair loss	2	1
Blistering on feet	2	1

For more information please see our IQ&A [answer](#)

