

Checklist for patients

- Have I completed any tests, diary or questionnaires my HCP has sent*?
- Have I prepared a list of questions for my HCP?
- Am I in a quiet and private place?
- Which symptoms are bothering me most at the moment?
- Do I have my medications to hand, including my inhaler(s)?
- Do I have a pen and paper to hand to make notes?
- Do I have my glasses with me (if I need them)?

*You may prefer to complete these with your HCP during the consultation