

Abstract Presentation 3

Breathing and feeling well through universal access to right care



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RESPIRE

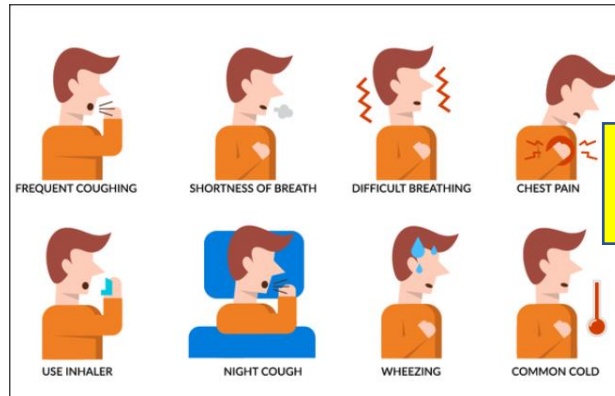
respiratory health

Insights from Photovoice on the impact of socio-cultural factors on people with asthma and limited health literacy in Malaysia

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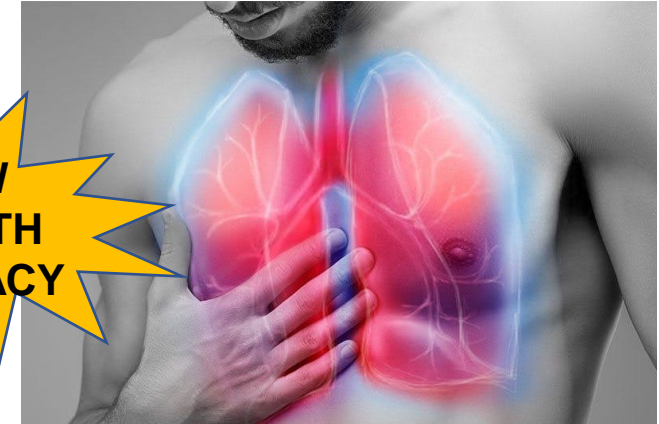
INTRODUCTION

1. The problem



SELF-MANAGE

**LOW
HEALTH
LITERACY**



- Adjusting to life with a chronic condition is particularly challenging for people with low health literacy
- Socio-cultural pressures may have affected overall health including psychological health.

AIM



We aimed to explore the views and experiences of people with asthma and low health literacy on managing their condition using mixed qualitative and arts-based methodology, Photovoice.



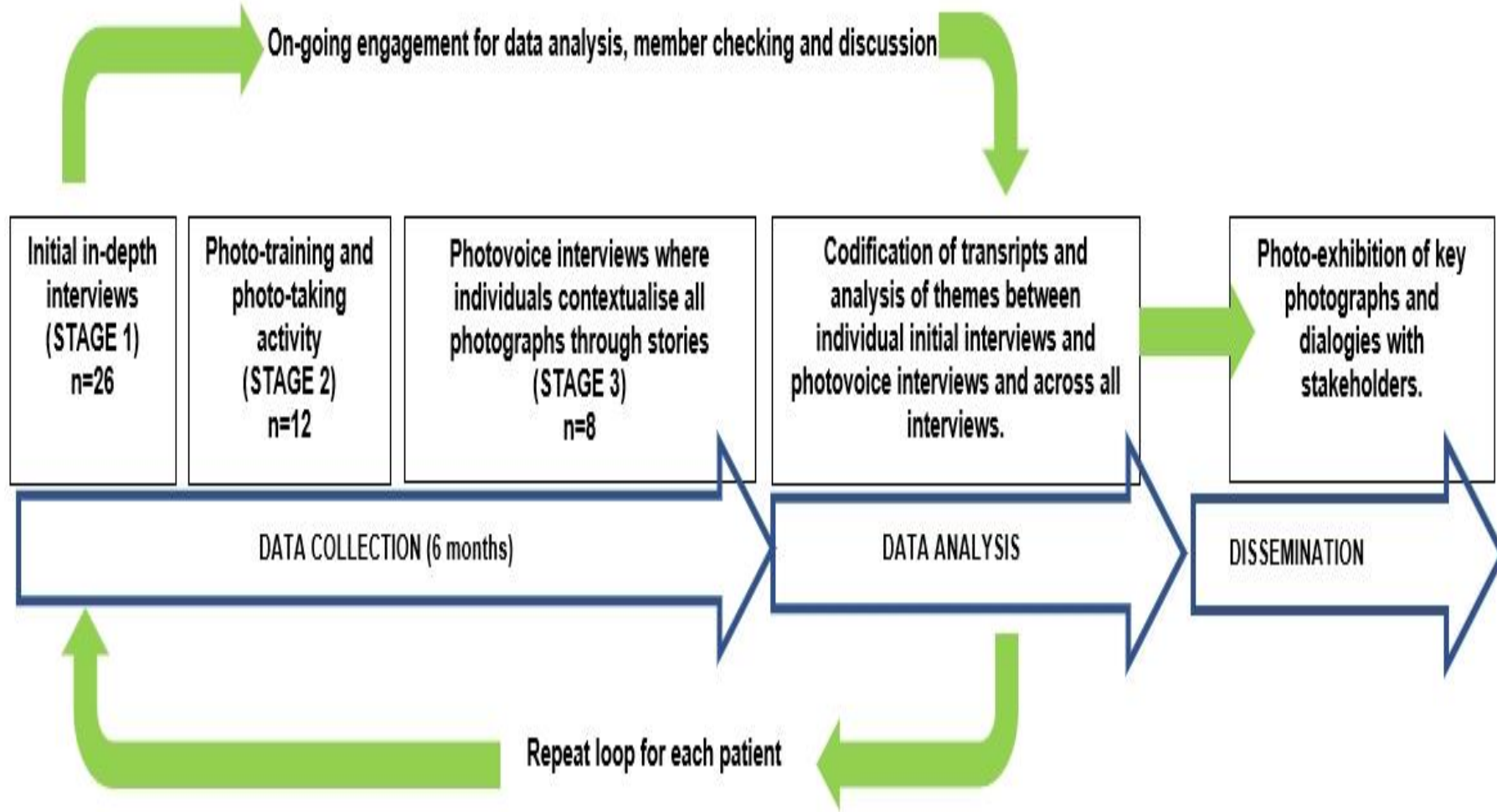
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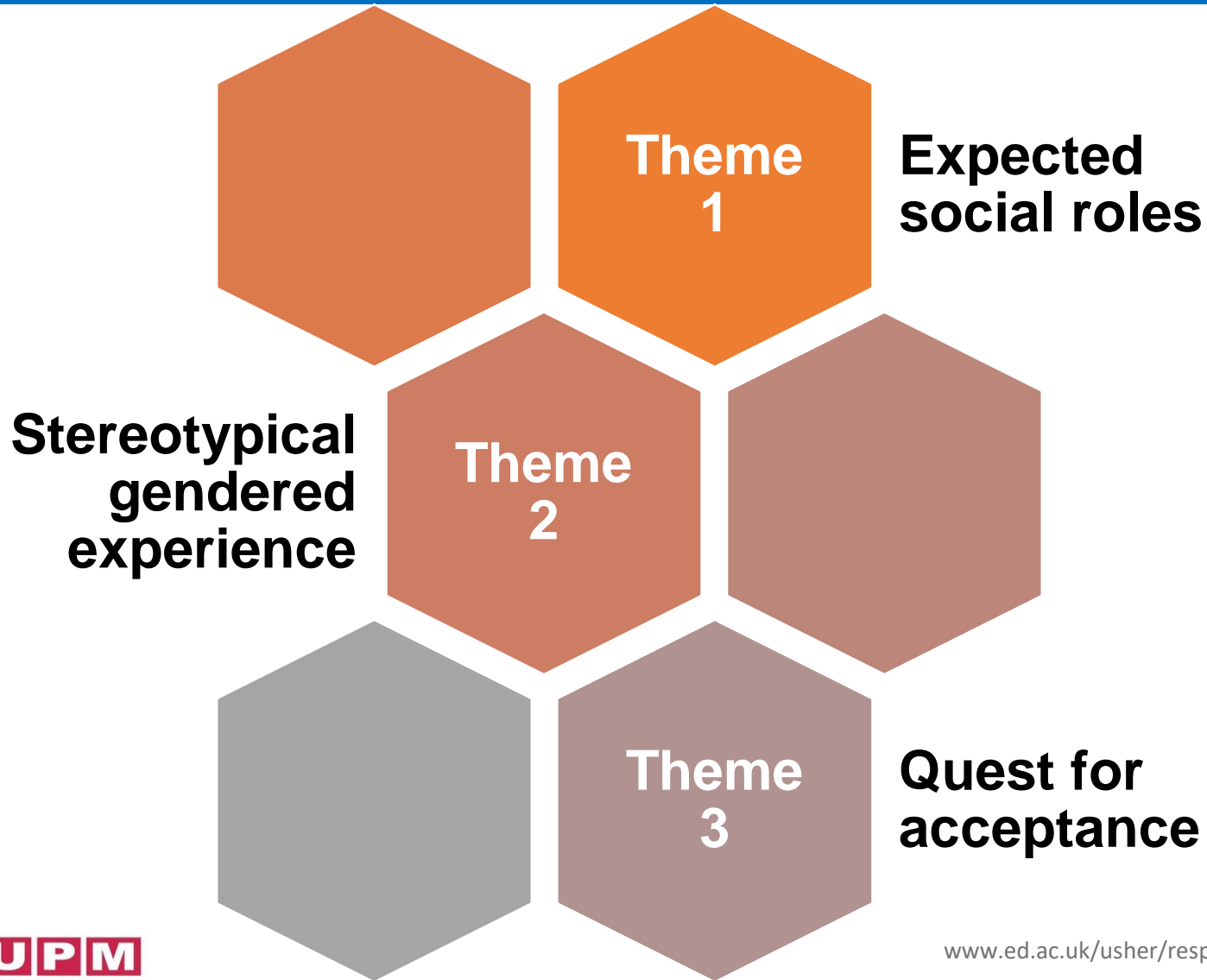
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METHODOLOGY



RESULTS



RESULTS

Theme 1: Expected social roles



*In this big family, I **took care of my in-laws** when I'm married to the family.*

*They [the in-laws] are religious too, they burnt setanggi [insense] every morning in this cup (photograph). I **can't breathe** with the **smoke** in the house, yet, if I **used the inhaler**, they will **labelled me as a sick wife**. And if I **don't**, I'm **breathless**, they'll say I'm trying to **make excuse** to avoid cooking and cleaning after them.*

I am stuck!

31-year-old, woman

RESULTS

Theme 2: Stereotypical gendered experience

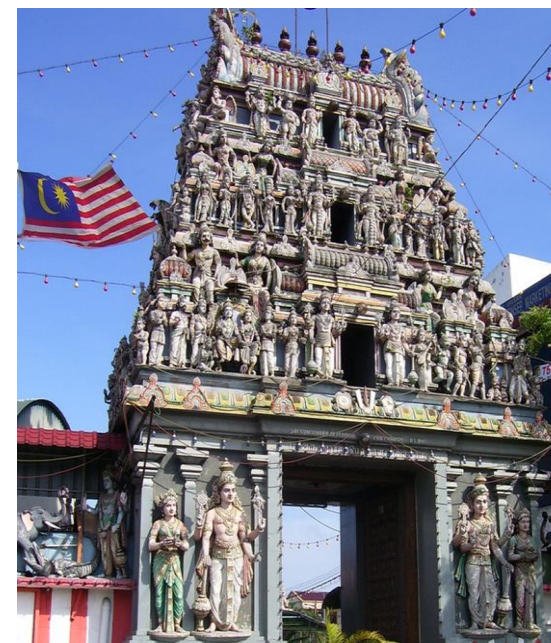
*‘They told me, “Oi, you are a **sick guy. What kind of man are you?** You better don’t come to work if you always take sick leaves. Just go back home.”*

*Their words hurt deeply. There’s **no place for sick man** in that factory. But, if I don’t work who is going to **feed my family**. That’s why sometimes, I **skipped seeing the doctor**. No work, no money.’*

48-year-old man.

RESULTS

Theme 3: Quest for acceptance



RESULTS

Theme 3: Quest for acceptance

*“a **symbol of faith**. For me, living with asthma, helps me find God. It gives me a **sense of peace**, because the one that heal you or give you sickness, only God. But, I must first **strive hard to keep myself health**; take my inhalers and see my doctors for example. After that, I’ll leave it to Him”*

28-year-old, man with asthma.

RESULTS



CONCLUSION

- Context-specific psychosocial factors influence asthma self-management practices and control.
- Photovoice allowed further understanding of these psychosocial aspects; giving voice to people with low health literacy in a multicultural society.

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