MASK-air

Take control of your allergic rhinitis/asthma now!

Monitor your symptoms to better manage this annoying condition and enjoy life.





THE N°1 APP for monitoring

allergic rhinitis/ asthma.

A patient-centric medical device to improve follow-up and care

What is MASK-air⁹?

- A mobile app to treat allergic rhinitis.
- Developed by patients and a team of world-renowned physician-researchers.
- Used in over 20 countries by more than 25 000 patients.
- With the goal of treating the 30% of people affected by allergic rhinitis globally.

What can MASK-air do for you?

- 1 The patient records his/her symptoms for at least 7 days in a row.
- 2 He/she shows the results to his/her health care professional (HCP).
- **3** The HCP adjusts the patient's treatment and monitors its effectiveness.
- 4 Data collection contributes to research.

A "5 P" tool in medicine

Participatory: your patients are involved in their own health.

Personalized: day-to-day monitoring and better HCP-patient communication.

Proven: objective measure of the effectiveness of treatment and its adjustment.

Preventive: avoids new flare-ups by a better understanding of symptoms and triggers (asthma).

Predictive: anticipation of flare-ups and preparation for the following year.

www.mask-air.com

