

Developing and piloting an ICT-based intervention for adult asthma with limited health literacy to improve asthma self-management: A RESPIRE PhD

Salim HS¹, Pinnock H¹, Young I¹, Shariff SG², Lee PY²

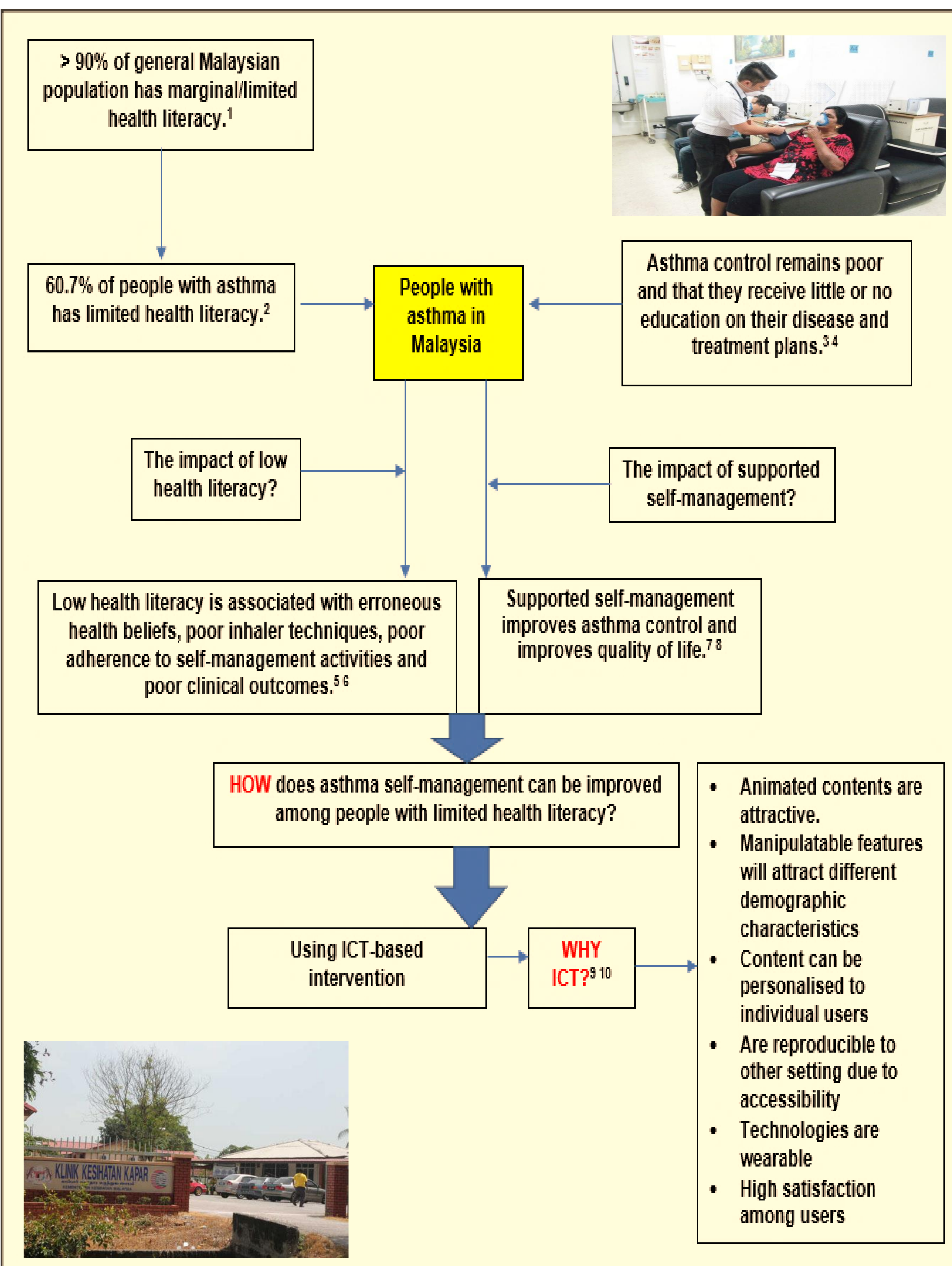
¹University of Edinburgh, United Kingdom ²Universiti Putra Malaysia, Malaysia

Research question



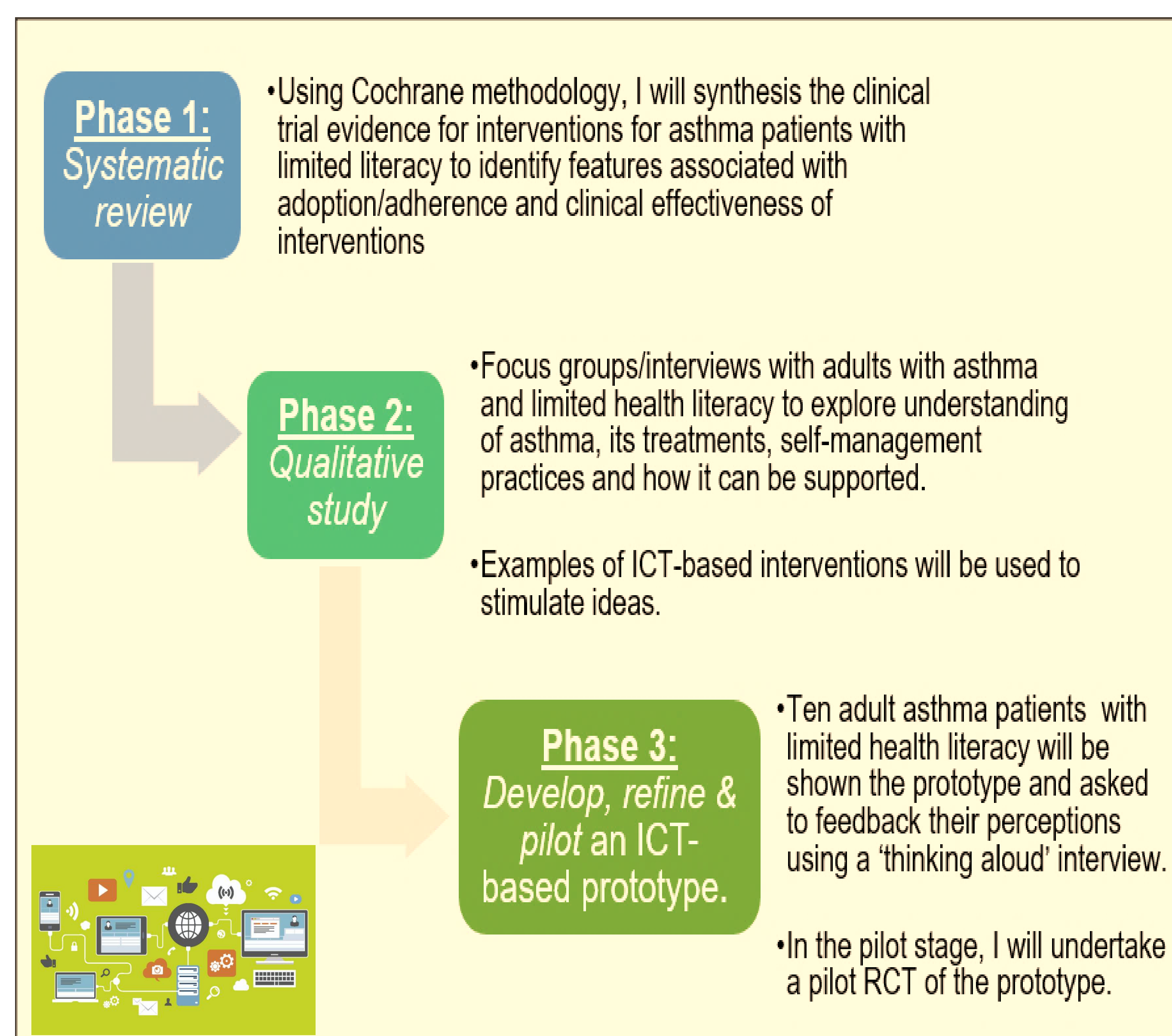
Does an information and communication technology (ICT)-based intervention that address health literacy needs improve asthma self-management among people with asthma?

Background



Methods

- To ensure high quality results from this project, I will follow the MRC framework for the design and evaluation of complex intervention.¹¹ My PhD will use mixed methodologies in three phases.

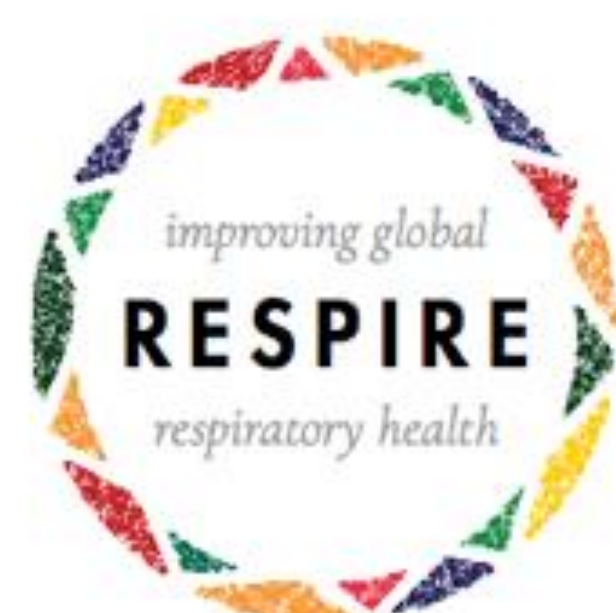


Questions to discuss

- 1) Are there any suggestions about ICT-based self-management interventions that may be effective in this group?
- 2) We have three cultures/languages in Malaysia: Should I focus on one – or include all three?

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